PFE
PARTNERING FOR ETERNITY

Reflecting Christ Through Service, Growth, and Friendship

Mission

Provide students with opportunities to serve, ease senior isolation, and help with tuition assistance.

How It Works

- Students are matched with an older adult in the community (no relatives)
- Pair meets weekly, spending time in shared activities and conversation
- Students submit an online reflection after each visit
- Students receive tuition assistance and the blessing of an intergenerational friendship
    - K-8 program: $30 scholarship per visit
    - 9-12 program: $800 scholarship per term

PARTNERING FOR ETERNITY

Student Packet (K-8)

Partnering for Eternity is a scholarship program that seeks to provide students with opportunities to serve, ease senior isolation, and help with tuition assistance. This program was founded in 2006, inspired by a child who connected with an older adult, creating a lifelong friendship. We are currently partnered with 150+ Seventh-day Adventist schools across the United States who are receiving the rich blessings of PFE. We are excited to present you with the opportunity to join the PFE family.

Your PFE Coordinator_____

Phone_____ Email_____

PFE K-8 Basics

1. After attending orientation, visit a mentor for 1 hour, once per week, between the months of August and May
2. Submit an online reflection form before parting with your mentor
3. Receive $30 in tuition assistance for each visit
4. Create an intergenerational friendship

Steps for a Successful PFE Year:

1. Attend PFE orientation
2. Choose your mentor (coordinator approves match)
3. Apply online for a reflection account
4. Schedule and attend your weekly visit
5. Submit your reflection before leaving your visit (reflections now due the day of visit)
6. Communicate with your local coordinator about any issues or concerns

We are looking for students who are:

1. Passionate about service
2. Interested in being mentored or getting to know an older adult
3. Intentional and creative with their visits
4. Committed to visiting for 1 hour each week throughout the school year

Choosing a Mentor

A mentor is: An older adult (55+) or someone with a disability who would be blessed by your company or light assistance around their home.

Someone who:

- Has a desire to be a mentor
- Has similar interests or hobbies to you
- Is cognitively healthy (older adults suffering from dementia or Alzheimer's are not eligible)
- May need help around the house/yard
- Is available for 1 hour/week throughout the school year
- Does not live in a nursing home
- Is not related to you

Interacting with your mentor:

- Be respectful
- Listen patiently
- Show compassion

- Speak clearly
- Ask clarifying questions
- Be attentive
- Ask how you can be helpful
- Show up on time
- Say 'thank you'
- Communicate with your mentor if you need to reschedule a visit

Things your mentor may experience:

- Being hard of hearing
- Vision changes
- Unsteady walking
- Short memory
- Weak voice
- Complaining or grumpiness
- Shaky hands
- Getting tired easily

Reflection Website Directions

Create an Account (each student needs a unique email address)

1. Go to https://pfe.sffcfoundation.org/
2. Choose "Student Application"
3. Fill out the form and submit
4. Upon account approval, you will receive an email prompting you to set up a password. Please check your junk/spam mail to ensure your confirmation email does not get lost.
5. Be sure to follow password requirements or you will not be able to move forward.

Submit a Reflection

1. Open your PFE app, or use a computer to access the website at https://pfe.sffcfoundation.org/
2. Using your email and password, log in
    a. If you cannot remember your password, choose "forgot password"
    b. You will receive an email prompting you to set up a new password
3. On your dashboard, choose "submit new reflection"
4. Attach photos from your visit, if any (optional)
5. Fill in the details from your visit
6. Choose "submit"
7. You will receive a confirmation email or text after successful submission
    a. If you do not receive an email or text confirming your submission, immediately email your coordinator to alert them of your attempt to submit and the absence of confirmation
8. You will get an email confirming reflection approval or rejection
    a. If your reflection is rejected, note improvement needs and then resubmit

Activity Suggestions

- Learn or share a new hobby
- Help with chores (raking, sweeping, organizing, vacuuming)
- Build something
- Cook/bake
- Crafts and art (knitting, painting, drawing)
- Learn about financial responsibility (budget, saving, tithe)
- Create a funny video together
- Go on a picnic
- Tell stories
- Play games (Uno, Monopoly, Scrabble, Word Chain, Going on a Trip, 20 Questions)
- Work on a puzzle
- Write poetry
- Go for a walk
- Discuss your future career options
- Interview each other
- Explore countries/cities on Google
    - Create a bucket list
- Teach your mentor about technology
- Make a recipe book
- Plan a "Show and Tell"
- Exercise
- Garden
- Read a book
- Listen to a podcast
- Make a family tree
- Sidewalk/driveway chalk
- Create a timeline of your mentor's life
- Make a vision/life board
- Sing together

Unacceptable Activities

- Watching TV
- Being on your phone or ignoring your mentor
- Visiting your mentor alone (K-8)
- Visiting your mentor's home while he/she is away
- Sharing mentors
- Bouncing between mentors
- Visits happening at a school event, entertainment venue, or during Sabbath hours

K-8 Guidelines & Agreements

We are excited that your child is participating in PFE this year. We hope they will make a difference in the life of their mentor, participate in service activities, and benefit from tuition assistance.
Please review the PFE guidelines as you make a commitment to upholding them.

- ◊ Either I or another parent/guardian WILL BE PRESENT at all visits between my child and their mentor, providing supervision and helping as needed. Failure to provide parent/guardian supervision at each visit may result in my child's permanent expulsion from the program.
- ◊ My child and I will attend orientation each year that we participate in PFE.
- ◊ I will help my child create an account on the reflection website before we start visits and understand that we will need a working email address to use for their login. If I have more than one child in the program, I will need two different email addresses.
- ◊ My child will only have one mentor. If their mentor cannot continue PFE mid-year, I will talk to my local PFE team about options.
- ◊ My child's participation is based on a passion to serve or interest in being mentored, not simply a financial need.
- ◊ My child's mentor will not be a family member, no matter how distantly related.
- ◊ My child and mentor will visit one-on-one, not in a group setting (even with other family members).
- ◊ My child's mentor will not live in a nursing home. If my child's mentor has to move to a nursing home mid-year, I will talk to my PFE team about options.
- ◊ My child's mentor will be cognitively healthy (not having dementia or Alzheimer's). If my child's mentor starts to show cognitive decline during the year, I will talk to my local PFE team.
- ◊ Virtual visits, watching TV, attending church and school events, or doing activities where my child and their mentor don't interact will not be accepted as PFE time.
- ◊ My child will complete a reflection at the end of each visit. Contrary to previous years, we no longer have a 24 hour buffer and must submit on the same day of the visit to receive tuition assistance.
- ◊ I will check to make sure the PFE coordinator is reviewing my child's reflections weekly so that we don't miss out on scholarship.
- ◊ 100% of my child's scholarship earnings will be applied to our tuition.
- ◊ My child and I will participate in PFE fundraising events or activities, unless the school does not require our help.
- ◊ If I experience any technical issues while submitting a reflection, I will communicate with my PFE coordinator immediately. I understand that not communicating immediately may result in our missing scholarship.
- ◊ If I do not receive a confirmation email or text after submitting a reflection, I will communicate with my PFE coordinator immediately. I understand that not communicating immediately may result in our missing scholarship.

My signature below indicates that I have read this document and agree to be bound by the terms of it.

Parent Name_____ Parent Signature_____